

## **Medications to Stop Before Surgery**

Consult your primary care physician prior to stopping any medications. However, please review the following medications with your internist. Following are guidelines that we recommend:

### **14 days before surgery (or more, if tolerated):**

- Any narcotic (Vicodin, Norco, Percocet, Oxycontin, etc)

### **10 days before surgery:**

- Plavix
- Any Non-steroidal Anti-Inflammatory Drug (NSAID): Aspirin, Motrin, Aleve, Ibuprofen, Mobic
  - Exception: Celebrex
- Any herbal supplement
- Vitamins E, C or K

### **7 days before surgery:**

- Aspirin
- Coumadin

### **You may continue to take the following medications:**

- Tylenol , Celebrex, Ultracet, Glucosamine

### **On the morning of surgery:**

- You may take your normal medications ONLY WITH A SIP OF WATER
- If you use an inhaler, please bring it with you to the hospital
- If you are taking diabetic medications, you should check with your primary care physician to determine if you should take your medications on the morning of surgery